

## PREPARATION OF FAMILY TREE

A family tree is used to diagram family history so you can see, at a glance, where problems are in each generation. Begin at the bottom of the family tree: fill in your name and your spouse's name, and any problems you have (if divorced, insert your previous spouse's name, too). Do the same with your children, your parents and your brothers and sisters. Continue in this way up the family tree, as far as you can remember, indicating any patterns or problem areas in your family line. Some problems come down vertically, as from grandfather to father, some horizontally, from aunt to aunt, or cousin to cousin. Some of the problems are obvious, others are known only to God. Do not worry about what you do not know. Jesus will reveal what you need to know, and what He reveals He will bring into healing. Great traumas may be healed through generational healing prayer without your knowing their exact cause.

To construct your family tree, go back at least four generations, even if you do not know all names. Simply write on the family tree every issue that you would like to bring to the Lord. If you were adopted and are unaware of your biological family, include all the information pertaining to your adopted family.

Once you have finished constructing the family tree, look at the patterns in the family bloodlines. Below is a list of common areas of generational 'baggage' that may help you form a more complete picture of your family line. Remember to ask the Holy Spirit to reveal the truth. He may give you an area that is not listed below, but it is essential to put down all areas revealed to you in order to break the patterns of generational sin for the 'truth will set you free' (John 8:32)(see also Exodus 34:7 re generational sin)

- Unusual and violent deaths or trauma including suicide or attempted suicide, murders, tragic accidents, wars, abortion or participation in an abortion, repeated miscarriages, dying in a mental institution, nursing home or prison (especially if felt abandoned or unloved), those not given a Christian burial or those 'unmourned', drowning resulting in fear of water for others.
- Evidence of occult or demonic activity including superstitions, witchcraft, astrology, spiritualism, divination, predicting the future, involvement in satanic worship or covenant, involved with a witch or persons in the occult.
- Habitual patterns of sin including violence, abuse (physical, mental, emotional, spiritual), racial prejudice, anger, religious prejudice, pride, greed, materialism, hatred, unforgiveness, addictions (alcoholism, nicotine, drugs, food, etc.), selfishness, judgments, adultery/fornication, prostitution, incest, pornography, lust, sexual promiscuity, sexual perversions. List all sexual partners and/or any 'soul-ties' you have with another where you were tied emotionally, spiritually or mentally. Note: Jesus does not separate us from a person when we have been tied to him or her in ways that are holy and within God's will. He only sets us free from the unholy or destructive part of the relationship.
- Destructive or abnormal patterns of relationships like abuse (emotional, mental, physical or spiritual), hostility, control, manipulation, domination, revenge, bitterness, anger.
- Diseases and/or predispositions to illness such as arthritis, cancer, diabetes, depression/mood disorder, anxiety, mental illness, fibromyalgia, headaches, allergies, heart trouble, high blood pressure, respiratory trouble, skin problems, ulcers, auto immune disorders, Alzheimers/dementia, MS, Parkinsons, joint dysfunction, etc.
- Historical family connections such as involvement with events of great sin, evil or trauma like massacres, plagues, slavery, conquests, etc.
- Religious history of all non-Judeo/Christian religions in the family or ancestral history.
- In utero wounding: child conceived in lust or rape, illegitimacy, parent considered adoption/abandonment, fears/anxiety of carrying to term, loss of father, life-threatening illness of mother or baby, mother's previous miscarriages/abortions/failed abortions, wanted child of other sex.

# Family Tree

